

Statement of Commitment to Continuous Learning

To stay up-to-date, hone my skills and provide the best service I can, I commit to regular reflective practice, peer supervision and CPD (continuing professional development) activities.

I aspire to the following in my learning:

- Open mindedness (Including willingness to receive constructive criticism/feedback/encouragement/guidance)
- Honesty
- Awareness (of own attributes, of changes in self and changes around self, of barriers, of opportunities and the wider professional context)
- Self-knowledge (limitations, strengths and weaknesses)
- Objectivity (including ability to re-think/think differently)
- Confidence and courage
- Humour and humility
- Willingness to keep on learning/growing
- Research/Planning skills – analysis and action
- Ability to set goals and priorities
- Access to positive role models

Page, J. (2008) *Professional Development Planning: a guide to supporting the professional development planning of writers and literature professionals*. Literature Trainin. p6.